

Stone Bridge Wellness

Philadelphia Chiropractor, Acupuncture, and Massage Therapy

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Stone Bridge Wellness | **1601 Walnut St, #514B** | Philadelphia, PA 19102
215-564-6683

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Massage Therapy



At Stone
Bridge



Wellness, massage is an integral part of your healing process- not a luxury service.

Breaking the bad habits of the musculoskeletal system, massage is vital to the rehabilitation of your spine and, most importantly, to your overall health and wellness.

Through chiropractic care, we can address the skeletal component of disease, removing subluxations for optimal health.

Complementarily, we use massage to treat the muscles that support and protect your spinal column which ensures a longer lasting adjustment.

This crucial component of health maintenance works hand in hand to improve circulation, speed muscle repair, and increase your range of motion.

Known to be an effective treatment for reducing stress, pain, and muscle tension, massage has the power to alleviate a vast array of symptoms especially when paired with chiropractic care and other holistic remedies.

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**Monday - Thursday:
10:00 am to 7:00 pm**

**Friday - Sunday:
Closed**

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