

Stone Bridge Wellness

Philadelphia Chiropractor, Acupuncture, and Massage Therapy

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Stone Bridge Wellness | 1601 Walnut St, #514B | Philadelphia, PA 19102
215-564-6683

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Chiropractic





Chiropractic care is a natural, non-invasive way to heal the foundational cause of disease thus alleviating the symptoms of discomfort altogether.

While the body's self-healing properties are undeniable, misalignment of the spine can be caused by physical or emotional stress which impede the body from healing naturally.

As a symptom is experienced long after the cause has originated, the chiropractor's primary mission is to break these bad habits which expose the spine to repetitive stress.

To correct these misalignments- also known as subluxations, chiropractors make spinal adjustments by applying force to a precise area of the spinal segment. This correction in alignment restores the body to a normal state of functioning- allowing an increased range of motion and allowing normal nerve transmission to resume.

At Stone Bridge Wellness, Dr. Beth Snyder believes in helping each of her clients to achieve their highest potential quality of life. By meeting her patients where they are, she is able to connect with them on a personal level before investigating and treating the foundational cause of their symptoms.

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Book An Appointment

**Monday - Thursday:
10:00 am to 7:00 pm**

**Friday - Sunday:
Closed**

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